

THE ROOT: MEETING KIDS WHERE THEY ARE

Important Concepts to Remember:

- Create a safe space for honesty and vulnerability
 - Temperature checks - virtually and in person (*when safe to do so*)
- Build up your stamina/patience
 - It's a process (*Make sure you take care of yourself too.*)
- Recognize behaviors in your students
 - Let them know you are available repeatedly
 - Be sensitive to their issues and know when to seek the assistance of the counselor and/or admin
- Direct the path and nurture students' needs while building them up academically